



CANADA-UKRAINE PARLIAMENTARY PROGRAM  
ПАРЛЯМЕНТАРНА ПРОГРАМА КАНАДА-УКРАЇНА  
PROGRAMME PARLEMENTAIRE CANADA-UKRAINE



# NEWSLETTER

CUPP NEWSLETTER ISSUE #1, 2018

*“ Education and Knowledge  
will ensure an independent  
future for Ukraine ”*

*“ Real Change.  
Enduring Change,  
Takes one step at a time ”*

ANNA MAZURENKO CHILDREN'S HEALTH CENTRE - Lviv  
BRAIN BASKET FOUNDATION | PROFESSIONAL GOVERNMENT INSTITUTE and  
UKRAINIAN LEADERSHIP ACADEMY



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## ABOUT CUPP

On July 16, 1990, the Supreme Soviet of the Ukrainian SSR adopted the Declaration of Sovereignty, which declared that Parliament recognized the need to rebuild the Ukrainian state based on the Rule of Law.

On August 24, 1991, the Ukrainian Parliament adopted the Declaration of Independence, which the citizens of Ukraine endorsed in the referendum of December 1, 1991. Also in 1991, Canadians celebrated the Centennial of Ukrainian group immigration to Canada. To mark the Centennial, Canadian organizations planned programs and projects to celebrate this milestone in Canada's history.

The Chair of Ukrainian Studies Foundation of Toronto marked the Centennial by establishing the CANADA-UKRAINE PARLIAMENTARY PROGRAM (CUPP) for university students from Ukraine in the House of Commons.

CUPP gives Ukrainian students an opportunity to observe parliamentary democracy and government and gain experience from which generations of Canadian, American and West European students have benefited.

On the basis of academic excellence, knowledge of the English or French and Ukrainian languages, and an interest in the Westminster model of parliamentary government, university students from Ukrainian and foreign universities, can apply for the CUPP internship program. It is the goal of CUPP to contribute to the education of future leaders of Ukraine.

Since 1991 almost one thousand Interns, have participated and attended CUPP internship programs, model Ukraine conferences and election campaigns in Canada and abroad. Two CUPP graduates have served as Cabinet Ministers, several others have served as Deputy Ministers, as well as Members of the Ukrainian Parliament.

CUPP graduates have helped establish important projects, namely: [Professional Government Association of Ukraine](#), renamed **Professional Government Institute (PGI)**, established in 2014 as a resource centre to help the Ukrainian Government identify and prioritize programs, motivate government to carry out the programs and projects, assist in securing resources and tools required to complete the projects/programs and measure and publish the results of such efforts.

**Teach For Ukraine**, a unique two-year leadership development program. Participants work in rural schools to create opportunities for children and mentor children in continuing education towards professions and trades. Teach For Ukraine NGO is associated with Teach For All, which operates in forty-two countries.

**Anna Mazurenko Children's Health Centre of Lviv**, a first of its kind health/medical centre focused on the health of children and families.

The **Ukrainian Leadership Academy**, a program for youth in their gap year between high school and university, is aimed at training young leaders. The program is headed by CUPP graduates.

In 2018, twenty-two CUPP students from universities in Belgium, France, Germany, Netherlands, Lithuania, Poland, and Ukraine will complete a two-month internship in the House of Commons.

On November 7, 2018 the CUPP Interns will hold **Prayer for Peace in Ukraine and Throughout the World and Ukrainian Day on Parliament Hill** at which the guests of honour will be Ministers and Deputy Ministers of Ukraine who are currently serving in government. All are CUPP graduates.



## Life Before and After CUPP (CUPP-Kyiv/Lviv)

The year 1991 was a transformative opportunity for Ukraine. The disintegration of the empire of the Soviet Union gave 15 countries a chance at independence from communist rule centered at its hub in Moscow. In Ukraine transforming the government and society became the challenge.

On July 16, 1990, The Supreme Soviet of the Ukrainian Soviet Socialist Republic acknowledged the need to transform Ukraine and adopted the Declaration of Sovereignty, which recognized the need to rebuild the Ukrainian state based on the Rule of Law. This Declaration published in a pamphlet, emerged from the communist-era politicians without prodding from outside sources. They realized that the communist model of government was a failure and that a change was needed. But no one could predict how this transformational once in a lifetime opportunity would develop or how long the period of transformation would take. The politicians were educated under the communist system. Few if any had any experience in any other form of government. Twenty-seven years later the transformation is still underway.

American-Austrian educator Peter Drucker wrote "only three things happen naturally in organizations: friction, confusion, and underperformance. Everything else requires leadership." Like in an organization, Ukraine since 1991 experienced friction, confusion and underperformance by its leaders. But change is coming as steadily the generation born after 1991 is beginning to assume leadership responsibilities and moving into leadership positions.

Ukraine's university students, since 1991 have had a chance to experience a transformative opportunity in Canada, through the Canada-Ukraine Parliamentary Program (CUPP), an internship in the Canadian Parliament. Daily, during their internship

the students observe the benefits of sound leadership and the exercise of political power, for the good of the country. They experience Canadian practices of peace, order and good government, warts and all.

CUPP has allowed Ukraine's students to observe Canada's government, to walk the same halls with cabinet ministers, prime ministers and government officials. It has allowed Ukraine's students to organize and participate in Model Ukraine Conferences dedicated to planning a better model of governance for Ukraine, at universities of George Washington, Ottawa, Oxford, Kyiv Mohyla, Ukrainian Catholic University, Government Conference Centre (Ottawa), Wycliffe College and Trinity College of the University of Toronto. It allowed CUPP graduates to benefit from scholarships to study at the John F. Kennedy School of Government Harvard University, Oxford University, London School of Economics, McGill University, University of Toronto, York University, University of Alberta, Columbia University, University of Latvia, University of Chicago, University of Michigan, University of Sciences Po (Paris), Cambridge University and others.

CUPP has created a community of like-minded individuals who were inoculated with a democratic strain of government based on the Westminster model of government. This cohort of Canadian trained individuals is moving through life with a determination and commitment to transform Ukraine into a European nation.

"CUPP is measured as life before and after CUPP. What came before was a rudderless soviet state of mind. What is coming after is a new country, a new millennium." Popular theme running at discussions among CUPP Alumni.

## Address by Ihor Bardyn, Director and founder of the Canada Ukraine Parliamentary Program at the 28th CUPP Reunion in Kyiv on June 23, 2018.

In May 2018 at the Anna of Kyiv Cultural Centre benefit dinner in Senlis France, I spoke about the importance of the Anna of Kyiv Cultural Centre, and said that this project, linked to a centuries-old institution would become a centre of learning, influence and a custodian of history, in the future.

Today in Kyiv, I was asked to explain the Anna of Kyiv project. It is not simply a bricks and mortar restoration of a church from the 11th century. It is a project of historical value to illuminate the history of the royal houses of the Rurik dynasty of Kyiv and the Capetian dynasty of France through the marriage between Anna of Kyiv, daughter of Yaroslav the Wise and Henry 1 of France. It is a chapter of history of two European countries that are strengthening historic ties, which are important, especially in an era of appropriation of history and revised narratives of history.

And it is a project to recognize the leadership qualities of a knowledgeable woman who exhibited those leadership qualities during an age when women were not recognized as leaders. A builder of communities and a leader with vision who left a worthwhile legacy to be studied.

In a Kommersant newspaper of January 25, 2006, Oxford distinguished historian of Russia history Andrey Zorin wrote the article titled "*Why We Don't like Ukraine*".

Zorin addressed the claims of political leaders over the Russian Empire and its appropriation of the history of others. He wrote, "*Missing the empire is not just missing the territory, it's missing the history*".

He addressed the collapse of the Soviet-Russian Empire and commented that the Russian public and its political leaders are beginning to realize that Ukraine's statehood is an irreversible reality.

Zorin wrote, "*This is a painful process and it has certain characteristic complexes associated with it, such as a separation complex and infantile resentment. One of the reasons for this reaction is that the imperial syndrome is rooted in the understanding of history that has reigned supreme in our national consciousness for the last 200 years. When Peter I ruled the state he turned it upside down, he was convinced that he was creating a completely new power. However, his successors, still in the 18th century, felt the need to prop up their legitimacy with their ancient origin and they began to propagate the myth of the single chain of historic succession that connected Kyivan Rus with the Moscow kingdom and the St. Petersburg empire.*"

*The founding fathers of the Russian Federation do not even try to portray themselves as founders of a new state. They prefer to play the role of princes, kings, emperors and general secretaries all at the same time. The result is that today Russian citizens are convinced that they are the direct and sole bearers of a thousand-year-old tradition, a powerful shoot surrounded on all sides by dried up branches.*

*A state that changes its capital, symbols, borders, state religion, political system and name becomes another state.*

*But it is a good idea to keep in mind that our neighbors have rights of inheritance as well. They love to recall the etymological meaning of "Ukraina" ("on the edge") in Russia today. But the question of who is on the edge and who is in the center of Rus is all and only a matter of where you are looking."*

Support for the Anna of Kyiv Centre is important and the benefit dinner on the grounds of Saint Sofia Cathedral tomorrow, will be a stepping-stone in the campaign to build the centre in Senlis.

In coming to Kyiv I considered the paths we all have travelled, to come here for this CUPP reunion. And I could not but help looking at the paths of so many of you who are involved in the work of NGOs in Ukraine and those in the service of the Ukrainian state. Continue your service, and support the Anna of Kyiv Centre.

Our paths are not solitary journeys through life. They are more like *settling a sequence* of villages. In each village we should build the community, we should build or plant worthwhile projects and then move on and settle more villages.

We should continue to act as ambassadors for the Anna of Kyiv, Senlis project to our friends and to the European community. Let's build the Centre in Senlis and take on the next challenge.

## Ambassador Roman Waschuk meets CUPP 2018 Interns and CUPP Alumni in Kyiv



### Meeting of September 13, 2018.

**Bottom ROW Left to Right:** Marta Franchuk (2018), Halyna Tytysh (Fall 2004), Oksana Smerechuk (Ambassador's wife), Ambassador Roman Waschuk, Anna Novosad (2013), Ulyana Khromyak (2001),

**Standing first row Left to Right:** Yuri Kushnir (1998, 2005), Yuriy Chyzhmar (1995), Arsen Zhumadilov (Spring 2004, 2005), Vasyl Kramarets (2018), Yulia Uhorska (2018), Mariya Vasylyeva (2018), Olena Onufriv (2018), Yulia Popyk (2018), Olha Fokaf (2018), Alina Shymanska (2018), Linh Nguyen Phan Bao (2018), Yuriy Lubkovych (2009), Artem Shaipov (2014), Andrii Sorokhan (2014),

**Standing second row Left to Right:** Rouslan Kats (Head of Political and Public Affairs Section - Embassy of Canada), Yevhenii Konovalov (2018), Adriana Kryveshko (2018), Yaroslav Korotash (2018), Kyrylo Korol (2017, 2018), Artem Sahaidak (2018), Roman Tychkivskyy (2012), Karim Morcos (Director of Development Cooperation - Embassy of Canada), Victoria Chumenko (2018), Vasyl Myroshnychenko (1996), Andriy Pyvovarskyi (1999).

## CUPP 2018 INTERNS



### Sofiya BRUTSIK

**Born in:** Chervonograd, Lvivska oblast, Ukraine.

**Hometown:** Chervonograd, Lvivska oblast, Ukraine.

**James and Louise Temerty 2018 Scholarship CUPP Scholarship recipient.**

**Intern to James BEZAN, MP for Selkirk-Interlake - Eastman, Manitoba.**

**Ivan Franko National University of Lviv (est. 1661) Law Faculty, Bachelor of Laws.**

**Motto of University:** "Educated citizens – glory of the Motherland."

**Foreign languages:** English, German, Russian.

**Last book read:** Margaret Atwood "The Handmaid's Tale."

**Last book read by Ukrainian author:** Sergiy Zhadan "Internat."

**Favourite quote by Ukrainian author:** "Світ ловив мене, та не спіймав" (Григорій Сковорода).

**Favourite quote by foreign author:** "There is nothing wrong in change, if it is in the right direction. To improve is to change, so to be perfect is to change often." - Winston Churchill.

**Favourite books:** Ayn Rand "Fountainhead," "To Kill a Mockingbird" by Harper Lee.

**Favourite musical recordings:** "Something" by the Beatles, "Sex on Fire" by Kings of Leon.



### Victoria CHUMENKO

**Born in:** Donetsk, Donetsk oblast, Ukraine

**Hometown:** Donetsk, Donetsk oblast, Ukraine

**Vasyl Stus Donetsk National University (est. 1937) History Faculty, Master's degree in International Relations**  
**Motto of University:** "NOMENS EST OMEN".

**2018 Humeniuk Family Scholarship recipient**

**Intern to Linda Duncan, MP for Edmonton-Strathcona, Alberta**

**Foreign languages:** English, Italian (basic), Russian.

**Last book read:** "Cybersecurity and cyberwar: what everyone needs to know" by Peter W. Singer, Allan Friedman.

**Last book read by Ukrainian author:** "Internat" by Serhiy Zhadan.

**Favourite quote by Ukrainian author:** "Є тисячі доріг, мільйони вузьких стежинок, Є тисячі ланів, але один лиш мій." - Vasyl Symonenko

**Favourite quote by foreign author:** "Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young." - Henry Ford.

**Favourite books:** "Atlas Shrugged" by Ayn Rand, "Froth on the Daydream" by Boris Vian, "Intermezzo" by Mykhailo Kotsiubynsky.

**Favourite musical recordings:** The Verve - Bitter Sweet Symphony, Harald Kloser - The day after tomorrow, The Rolling Stones - You can't always get what you want

## CUPP 2018 INTERNS



### Olha FOKAF

**Born in:** Kalush, Ukraine

**Hometown:** Lviv, Ukraine

**Danylo Halytsky Lviv National medical university** (est. 1784),  
Medical faculty

**2018 Ramon Hnatyshyn Scholarship** recipient

**Intern to Shannon Stubbs**, MP for Lakeland, Alberta

**Foreign languages:** English, German, Polish (basic), Russian.

**Last book read:** Tony Blair "Journey".

**Last book read by Ukrainian author:** Maryana Savka "12 ney-movirnykh zhynok: pro cinnosti yaki tvoryat lyudynu"

**Favourite quote by Ukrainian author:** "Не дивіться на Україну, як на землю свої батьків. Дивіться на неї, як на землю своїх дітей. І тоді придуть зміни." - Святослав Вакарчук.

**Favourite quote by foreign author:** "The good physician treats the disease; the great physician treats the patient who has the disease." - William Osler

**Favourite musical recordings:** John Lennon "Imagine"



### Marta FRANCHUK

**Born in:** Zboriv town, Zboriv District, Ternopil Region, Ukraine

**Hometown:** Zboriv town, Zboriv District, Ternopil Region, Ukraine

**National University of "Kyiv-Mohyla Academy"**(est. 1615)  
Faculty of Humanities, Bachelor of History, Master programme in Journalism (current enrolled).

**Motto of University:** *Tempus fugit, Academia sempiterna* (Time passes but the Academy is eternal).

**2018 Walter Surma Tarnopolsky Scholarship** recipient.

**Intern to Julie Dzerowicz**, MP for Davenport, Ontario and to the **Hon. MaryAnn Mihychuk**, MP for Kildonan-St. Paul, Manitoba

**Foreign languages:** English, German (basic), Russian.

**Last book read:** Phil Barden "Decoded: The Science Behind Why We Buy".

**Last book read by Ukrainian author:** Mykhailo Kotsiubynskyi "Intermezzo".

**Favourite quote by Ukrainian author:** "І все на світі треба пережити, І кожен фініш – це, по суті, старт, І наперед не треба ворожити, І за минулим плакати не варт." - Lina Kostenko.

**Favourite quote by foreign author:** "I ask about the power of restraint and measures that I have on life fluttered and slid, and wisely planned throughout the day, could see the distant peaks and spacious, and even sometimes to find time to enjoy art. Help me to be here and now and accept that moment as the most important. Protect me from the naive belief that everything in life should be smooth. Give me a clear consciousness that the complexity of defeat, the fall and failure are just a natural part of life, through which we grow and mature. Teach me the art of small steps." - Antoine de Saint-Exupery, A Prayer.

**Favourite books:** "Economics: The User's Guide" by Ha-Joon Chang, "Zero to One: Notes on Startups, or How to Build the Future" by Peter Thiel, "Contagious: why things catch on" by Jonah Berger, "The Black Swan: The Impact of the Highly Improbable" by Nassim Nicholas Taleb.

**Favourite musical recordings:** - "Iron Sky" by Paulo Nutini, "Time" by Hans Zimmer, "Shape of My Heart" by Sting, "Comptine d'un autre ete - l'apres-midi" by Yann Tiersen, "Dream" by Imagine Dragons, "Up & Up" by Coldplay, "Human" by Rag'n'Bone Man.



### Yevhenii KONOVALOV

**Born in:** Cherkasy, Cherkasy oblast, Ukraine

**Hometown:** Kyiv, Ukraine

**National University of Kyiv-Mohyla Academy** (est. 1615)  
Faculty of Law, Bachelor of Laws (undergoing)  
Motto of University: "Time passes, but Kyiv-Mohyla Academy is eternal".

2018 William and Antonina Bazylewych Scholarship recipient

**Intern to James Maloney**, MP for Etobicoke - Lakeshore, Ontario

**Foreign languages:** English, French (intermediate), Russian.

**Last book read:** J. Grisham "Rogue Lawyer"

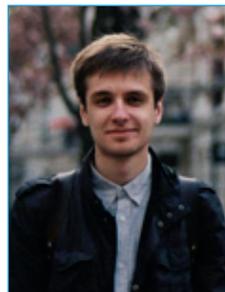
**Last book read by Ukrainian author:** V. Yuschenko "Non-state secrets"

**Favourite quote by Ukrainian author:** Ніхто нам не збудує держави, коли ми її самі не збудуємо, і ніхто з нас не зробить нації, коли ми самі нацією не схочемо бути - Вячеслав Липинський / Vyacheslav Lypynsky.

**Favourite quote by foreign author:** "Why does a man live? - In order to think about it..." - Erich Maria Remarque, *Arch of Triumph: A Novel of a Man Without a Country*.

**Favourite books:** "Ya (Romantica)" by Mykola Khvylovy, "Archipelag - GULAH" by Aleksandr Solzhenitsyn, "Twelve chairs", "The Little Golden Calf", "One-floor America" by I. Ilf and E. Petrov.

**Favourite musical recordings:** Stromae - "Papaoutai", "Carmen", "Tous les mêmes", Kvitka Cisyk - "Dva kolyory" "Oi, ver-she" "Ya pidy v daleki hory"



### Kyrylo KOROL

**Born in:** s. Vasylivka, Kakhovskiy raion, Khersonska oblast, Ukraine

**Hometown:** Brody, Lvivska oblast, Ukraine

**Taras Shevchenko National University of Kyiv** (est. 1834)  
Law Faculty, Bachelor of Laws  
Motto of University: "Utility, Honour and Glory".

**Ukrainian Catholic University**

Human Rights Programme, Master of Laws  
Motto of University: "Nosce te ipsum" (Latin) - "Know Thyself".

2018 Lucy Hicks Scholarship recipient

**Intern to Borys J Wrzesnewskyj**, MP for Etobicoke Centre, Ontario

**Foreign languages:** English, German (basic), Russian.

**Last book read:** Nassim Nicholas Taleb "Antifragile".

**Last book read by Ukrainian author:** Volodymyr Vynnychenko "Chorna Pantera i Bilyi Vedmid".

**Favourite quote by Ukrainian author:** "Хай юність догорить - ми віддані життю і нам воздасться в славі" - Vasyl Stus.

**Favourite quote by foreign author:** "I see a beautiful city and a brilliant people rising from this abyss. I see the lives for which I lay down my life, peaceful, useful, prosperous and happy. I see that I hold a sanctuary in their hearts, and in the hearts of their descendants, generations hence. It is a far, far better thing that I do, than I have ever done; it is a far, far better rest that I go to than I have ever known." - Charles Dickens, *A Tale of Two Cities*.

**Favourite books:** "Shantaram" by Gregory David Roberts, "11-22-63" by Stephen King, "The Time Machine" by H. G. Wells, "Moment" by Volodymyr Vynnychenko, "Atlas Shrugged" by Ayn Rand.

**Favourite musical recordings:** Hans Zimmer - *Time*, Trent Reznor - *Sugar Storm*, The XX - *Crystalised*.

## CUPP 2018 INTERNS



### Yaroslav KOROTASH

**Born in:** Lviv, Ukraine

**Hometown:** Lviv, Ukraine

**Ivan Franko National University of Lviv** (est. 1661)

Law Faculty, Master of Law

Motto of University: "*Patriae Decorum Civibus Educantis - Освічені громадяни є окрасою батьківщини. - Educated citizens are the beauty of their motherland*".

**Interregional Academy of Personnel Management** (est. 1989)

Law Faculty, Phd in commercial law

Motto of University: "*Education of the future*".

**2018 Mary and John Yaremko Scholarship** recipient

**Intern to Hon. Wayne Easter**, MP for Malpeque, Prince Edward Island

**Foreign languages:** English, German (basic), Polish (basic), Russian.

**Last book read:** Daron Acemoglu and James Robinson "*Why Nations Fail: The Origins of Power, Prosperity, and Poverty*".

**Last book read by Ukrainian author:** Bohdan Hawrylyshyn "*Zalyshaius ukraintsem*".

**Favourite quote by Ukrainian author:** "Хто глядить, думає і питає, тому прийде відповідь" - Dariia Vikonska; "Мрія дає нуль, якщо її не зробити життям" - Hryhorii Tiutiunnyk.

**Favourite quote by foreign author:** "*Laziness and cowardice are two of the greatest enemies of the spiritual life.*" - Thomas Merton, *Thoughts on Solitude*.

**Favourite books:** "*Moral letters to Lucilius*" by Seneca, "*Holodnyi Yar*" by Yuriy Horlis-Horskyi, "*For Whom the Bell Tolls*" by Ernest Hemingway, "*Fahrenheit 451*" by Ray Bradbury.

**Favourite musical recordings:** Niccolo Paganini - *Caprices No. 24 in A minor*, BB - *Січові стрільці (VV - Sichovi Striltsi)*, Kozak System - *Холодного січня (Kozak System - Holodnoho sichnia)*, Queen - *I want It All*, Ennio Morricone - *Rabbia E Tarantella*.



### Vasyl KRAMARETS

**Born in:** Lviv, Ukraine

**Hometown:** Lviv, Ukraine

**Lviv Polytechnic National University** (est. 1816)

Institute of Economics and Management, Master of Finance and Credit

Motto of University: "Litteris et Artibus" - "*By the Sciences and the Art*"

**Wasył Kereliuk Scholarship** recipient

**Intern to Randy Boissonnault**, MP for Edmonton Centre, Alberta

**Foreign languages:** English, Polish, French, Spanish (basic), Japanese (basic), Russian.

**Last book read:** "*Creative Confidence: Unleashing the Creative Potential Within Us All*" by Tom Kelley, David Kelley.

**Last book read by Ukrainian author:** "*Dumky u spadok*" by Blazhennishyy Lyubomyr Huzar.

**Favourite quote by Ukrainian author:** "Не потоком шумних і галасливих фраз, а тихою, невтомною працею любіть Україну!" - Andrey Sheptytsky.

**Favourite quote by foreign author:** "*Success consists of going from failure to failure without loss of enthusiasm.*" - Sir Winston Churchill.

**Favourite books:** "*Created for Greatness*" by Alexandre Havard, "*Atlas Shrugged*" by Ayn Rand, "*Politics and Morality*" by Susan Mendus, "*Plutocrats*" by Chrystia Freeland, Dan Waldschmidt "*Edgy Conversations: How Ordinary People Can Achieve Outrageous Success*".

**Favourite musical recordings:** Escala - *Palladio*, Indila - *Tourner dans le vide*, Jamala - *1944*, Josh Groban - *You raise me up*, Pianобой - *Вітчизна*, Sunrise Avenue - *Nothing is over*, Мирослав Скорик - *Мелодія*.

## CUPP 2018 INTERNS



### Adriana KRYVESHKO

**Born in:** Lviv, Ukraine

**Hometown:** Lviv, Ukraine

**National University of Kyiv-Mohyla Academy** (est. 1615)

Law Faculty, Master of Laws

Motto of University: *"Tempus fugit, Academia sempiterna. - Time is running, Academy is eternal"*

**2018 Dr. Taras Fecycz Scholarship** recipient

Intern to **Cathay Wagantall**, MP for Yorkton-Melville, Saskatchewan

**Foreign languages:** English (fluent), German (basic), Korean (elementary)

**Last book read:** J. R. R. Tolkien *"The Silmarillion"*

**Last book read by Ukrainian author:** Vsevolod Nestaiko *"Toreadors from Vasyukivka"*

**Favourite quote by Ukrainian author:** *"З видимого пізнавай невидиме."* - Hryhorii Skovoroda

**Favourite quote by foreign author:** *"The true delight is in the finding out rather than in the knowing"* - Isaac Asimov

**Favourite books:** J. R. R. Tolkien *"The Lord of the Rings"*, Isaac Asimov *"The End of Eternity"*, Diana Wynne Jones *"Howl's Moving Castle"*

**Favourite musical recordings:** Deftones – *Tempest*, The Dillinger Escape Plan – *Mouth of Ghosts*, Pink Floyd *"Wish you were here"*



### Linh NGUYEN PHAN BAO

**Born in:** Kyiv, Ukraine

**Hometown:** Kyiv, Ukraine

**Taras Shevchenko National University of Kyiv** (est. 1834) Kyiv

Institute of International

Relations (International Information), Bachelor of International Relations and English Translation.

Motto of the university: *UTILITAS HONOR ET GLORIA - Служба, честь і слава - Service, Honor and Glory*

**2018 Senator Raynell Andreychuk Scholarship** recipient

Intern to **Arif Virani**, MP for Parkdale-High Park, Ontario.

**Foreign Languages:** English, Vietnamese, Russian, French (basic).

**Last Book Read:** *"The Defining Decade"* by Dr. Meg Jay

**Favourite quote by Ukrainian author:** *Життя справді складне, і єдиний у нього підручник - досвід.* (Григорій Тютюник) - *Life is, in fact, very complicated and the only manual to it is experience* (H. Tyutyunik).

*Ніхто нам не збудує держави, якщо ми її самі не збудуємо, і ніхто з нас не зробить нації, коли ми самі нацією не схочемо бути.* (В. Липинський) - *Nobody will build the state for us, except us and nobody will make us a nation, if we refuse to be one* (V. Lypinsky).

**Favourite quote by Foreign author:** *Inaction breeds fear and doubt. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy.* (D. Carnegie) - *Відсутність дії спричиняє страх та невпевненість; Дії роблять людину сміливішою. Якщо ви хочете побороти страх, не сидіть вдома, розмислюючи про втілення справ. Виходьте на вулиці та беріться за роботу.* (Д. Карнегі)

## CUPP 2018 INTERNS



### Olena ONUFRIV

**Born in:** Stryi, Lvivska oblast, Ukraine

**Hometown:** Stryi, Lvivska oblast, Ukraine

**Taras Shevchenko National University of Kyiv** (est. 1834)

Faculty of Sociology

Motto of University: *"Utility, Honour and Glory"*.

**2018 Atamanchuk Family Scholarship** recipient

**Intern to Francesco Sorbara**, MP for Vaughan- Woodbridge, Ontario

**Foreign languages:** English, Polish, Russian, French (basic)

**Last book read:** *"Nudge"* by Richard H. Thaler and Cass R. Sunstein

**Favourite quote by Ukrainian author:** *"На світі той наймудріший, хто найдужче любить життя"* (The wisest in the world is the one who loves life the most) - Vasyl Symonenko; *"Сміливі завжди мають щастя"* (The brave ones always get their happiness) - Ivan Bahrianyi.

**Favourite quote by foreign author:** *"Everything can be taken from a man but one thing: the last of human freedoms - to choose one's attitude in any given set of circumstances, to choose one's own way"* - Viktor E. Frankl

*"To those who can hear me, I say - do not despair. The misery that is now upon us is but the passing of greed - the bitterness of men who fear the way of human progress. The hate of men will pass, and dictators die, and the power they took from the people will return to the people. And so long as men die, liberty will never perish"* - Charlie Chaplin

**Favourite books:** *"Man's search for meaning"* by Viktor E. Frankl, *"Ocean Sea"* by Alessandro Barrico, *"Moment"* by Volodymyr Vynnychenko

**Favourite musical recordings:** Oh Wonder *"All we do"*, Tom Rosenthal *"To you alone"*, Jamala *"Іншыє"*(Different)



### Yuliia POPYK

**Born in:** Chernivtsi, Ukraine

**Hometown:** Kyiv, Ukraine

**National University of Kyiv-Mohyla Academy** (est. 1615)

Faculty of Social Sciences and Social Technologies, pursuing Bachelor of Political science

Motto of University: *"Tempus fugit, Academia sempiterna"*.

**Erasmus scholarship at Sciences Po**, Paris (France), August - December 2017

**2018 Malanchuk Family Scholarship** recipient.

**Intern to Raj Grewal**, MP for Brampton East, Ontario.

**Foreign languages:** English, German (basic), Russian, Lithuanian.

**Last book read:** Joseph S. Nye *"Soft Power: the means to success in world politics"*.

**Last book read by Ukrainian author:** Maria Matios *"Sweet Darusia"*

**Favourite quote by Ukrainian author:** *"Україна починається з тебе"*, - Vyacheslav Chornovil.

**Favourite quote by foreign author:** *"Success is not final, failure is not fatal: it is the courage to continue that counts"*, - Winston Churchill.

**Favourite books:** *"Shantaram"* by Gregory David Roberts, *"The Second Sex"* by Simone de Beauvoir, *"The Yakiv Century"* by Volodymyr Lys.

**Favourite musical recordings:** Nils Frahm - *Ode*, Clem Leek - *Bless those tired eyes*, Adam Lambert - *No boundaries*, U2 - *Every breaking wave*.

## CUPP 2018 INTERNS



### Artem SAHAIDAK

**Born in:** Brianka, Luhansk region, Ukraine

**Hometown:** Lviv

**University of Luhansk (Taras Shevchenko National University of Luhansk)** was established in 1921. Faculty of French and English

**Motto of University:** "...і чужому навчається, й свого не цурайтесь..." - "...and to your neighbors' gifts pay heed, yet do not thus neglect your own..."

**Christina Bardyn Scholarship** recipient

**Intern to Robert-Falcon OUELLETTE** MP for Winnipeg Centre

**Foreign languages:** French, English, Italian, Russian.

**Last book read:** Roger Fisher: *Getting to Yes: "How To Negotiate Agreement Without Giving In"*

**Last book read by Ukrainian author:** Mykhailo Kotsiubynsky - *Intermezzo*

**Favourite quote by Ukrainian author:** "Торуй свій шлях, той, що твоїм назвався, той, що обрав тебе, як побратим." В. Стус

**Favourite quote by foreign author:** "As long as I have a want, I have a reason for living. Satisfaction is death." George Bernard Shaw

**Favourite musical recordings:** Miles Davis - *Kind of Blue*, The Dave Brubeck Quartet - *Take Five*

**Favourite books:** R.Cialdini - *Influence: Science and Practice*, Roger Fisher: *Getting to Yes: "How To Negotiate Agreement Without Giving In"*



### Alina SHYMANSKA

**Born in:** Zhytomyr, Ukraine

**Hometown:** Zhytomyr, Ukraine

**Zhytomyr Ivan Franko State University** (est. 1919)

BA in Education and Foreign Philology

**Motto of University:** "Good Education Will Change Your Life".

**Intern to Don Rusnak**, MP for Thunder Bay - Rainy River, Ontario

**2018 Eugene Yakovitch Scholarship** recipient

**Foreign languages:** Russian - fluent, English - fluent, German - basic, French - basic, Spanish - basic.

**Last book read:** Henry Ford "My Life and Work".

**Last book read by Ukrainian author:** Oleksander Dovzhenko "Zacharovana Desna".

**Favourite quote by Ukrainian author:** "Двоє дивляться вниз. Один бачить калюжу, другий - зорі. Що кому." - Oleksander Dovzhenko

**Favourite quote by foreign author:** "I believe that unarmed truth and unconditional love will have the final word in reality. This is why right, temporarily defeated, is stronger than evil triumphant." - Martin Luther King, Jr.

**Favourite books:** "Man's Search For Meaning" by Viktor E. Frankl, "The Power of Now" by Eckhart Tolle, "Identity in a Globalized World" by Bohdan Hawrylyshyn, "The Book of Joy: Lasting Happiness in a Changing World" by His Holiness the Dalai Lama and Archbishop Desmond Tutu, "Happier: Learn the secrets to daily joy and lasting fulfillment" by Tal Ben-Shahar, «Love. Freedom. Aloneness» by OSHO.

**Favourite musical recordings:** "The Four Seasons" by Italian composer Antonio Vivaldi, "Who Want to Live Forever" by Queen, "Like A Prayer" by Madonna, "All of Me" by John Legend, Whitney Houston - "I Have Nothing", Stevie Wonder - "I Just Called To Say I Love You".

## CUPP 2018 INTERNS



### Marta SKURSKA

**Born in:** Rivne, Ukraine

**Hometown:** Kyiv, Ukraine

**National University of Kyiv-Mohyla Academy** (est. 1615)  
Department of Social Science and Social Technologies, Bachelor's degree in Political Science  
Motto of the university: *Tempus fugit, Academia sempiterna - Time flies, Academy is everlasting.*

**2018 Alexander and Irene Hordienko Scholarship** recipient

**Intern to Ruby SAHOTA**, MP for Brampton North, Ontario.

**Foreign languages:** English, French, Russian, Polish (basic).

**Last book read:** Malala Yousafzai *"I am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban"*.

**Favourite quote by a Ukrainian author:** *Elite - not just those who can see the problem and find quick solutions. These are people who can look far ahead ... They have to look further, much further ahead to understand the consequences of their decisions. Anyone who looks far above all keeps most importantly - human dignity.* (Beatitude Lyubomir Husar)

**Favourite quotes by a foreign author:** Ask not what your country can do for you; ask what you can do for your country. (John F. Kennedy)

**Favourite books:** Margaret Mitchell *"Gone with the Wind"*, Ulas Samchuk *"Mariya"*, Malala Yousafzai *"I am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban"*.

**Favourite musical recording:** Okean Elzy (all songs), Imagine Dragons (all songs).



### Andriy SONSADYK

**Born in:** Ternopil, Ukraine

**Hometown:** Ternopil, Ukraine

**Panthéon Assas University Paris II**  
Law Faculty, second-year student

**2018 John Sopinka Scholarship** recipient

**Intern to Mark WARAWA**, MP for the riding of Langley-Aldergrove, British Columbia

**Foreign languages:** French, English, Russian.

**Last book read:** Svetlana Alexievich *"Zinky Boys: Soviet Voices from a Forgotten War"*.

**Last book read by Ukrainian author:** Markiyam Kamysh *"La Zone"*.

**Favourite quote by Ukrainian author:** Тарас Григорович Шевченко: *"Учіться, брати мої! Думайте, читайте, і чужому научайтесь, - Свого не цурайтесь", "Боріться - поборете! Вам Бог помагає! За вас правда, за вас слава і воля свята!"*

**Favourite quote by foreign author:** Abraham Lincoln: *"Life is hard, but so very beautiful"*, John Lennon: *"When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down 'happy'. They told me I didn't understand the assignment, and I told them they didn't understand life."*

**Favourite books:** *"Kobzar"* by Taras Shevchenko; *"Harry Potter"* by J.K. Rowling; *"Crime and Punishment"* by Fyodor Dostoyevsky; *"Steve Jobs"* by Walter Isaacson; *"Death and the Penguin"* by Andriy Kurkov; *"The Stranger"* by Albert Camus; *"Madame Bovary"* by Gustave Flaubert.

**Favourite musical recordings:** Metallica - *Nothing Else Matters*, *The Unforgiven*; Nirvana - *Smells Like Teen Spirit*; Scorpions - *Still Loving You*; Pink Floyd - *The Wall*; Guns N' Roses - *Civil War*, *November Rain*; The U2 - *Beautiful day*; Coldplay - *Paradise*; Океан Ельзи - *На небі*; Кузьма - *Кораблі*; Linkin Park - *in the End*.

## CUPP 2018 INTERNS



### Yuliia UHORSKA

**Born in:** Chernivtsi, Ukraine

**Hometown:** Chernivtsi, Ukraine

**National University of Kyiv-Mohyla Academy** (est. 1615)

Faculty of Law, Bachelor of Law

Motto of University: *"Tempus fugit, Academia sempiterna - Time is running, Academy is eternal"*.

**Europa-Universität Viadrina, Germany** (est. 1506)

Erasmus+ Scholarship recipient

2018 Natalie Bundza Scholarship recipient

Intern to Kevin Lamoureux, MP for Winnipeg North, Manitoba

**Foreign Languages:** English, French (basic), Russian.

**Last book read:** Victor Hugo *"The Man Who Laughs"*.

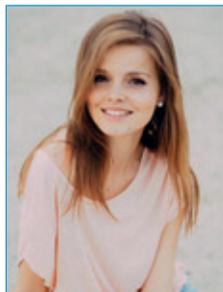
**Last book read by Ukrainian author:** Yuri Horlis-Hrotskyi *"Kholodnyi Yar"*

**Favourite quote by Ukrainian author:** *"Нації вмирають не від інфаркту, спочатку в них відбирають мову."* - Ліна Костенко.

**Favourite quote by foreign author:** *"To be nobody but yourself in a world which is doing its best, night and day, to make you everybody else - means to fight the hardest battle which any human being can fight; and never stop fighting."* - E. E. Cummings.

**Favourite books:** George Orwell *"1984"*, *"The Animal Farm"*; Ernest Hemingway *"For Whom the Bell Tolls"*; Ayn Rand *"The Fountainhead"*, *"Atlas Shrugged"*; Margaret Mitchell *"Gone with the Wind"*.

**Favourite musical recordings:** Myroslav Skoryk - melody to the feature film *"Vysokyi Pereval (Високий перевал)"*; Hans Zimmer - *Tennessee*; Pink Floyd - *Time*; Pink Floyd - *Wish You Were Here*.



### Mariya VASYLYEVA

**Born in:** Poltava, Ukraine.

**Hometown:** Poltava, Ukraine.

**National University of Kyiv-Mohyla Academy** (est.1615)

Humanities Faculty, Bachelor of Philology

Motto of university: *"Motto, Tempus fugit, Academia sempiterna"*.

Intern to Rosemarie Falk, MP for Battlefords-Lloydminster, Saskatchewan

2018 Senator Paul Yuzyk Scholarship recipient

**Foreign languages:** English, Polish, French (basic), Russian.

**Last book read:** Keith Ferrazzi *"Never eat alone"*

**Last book read by Ukrainian author:** Myroslav Laiuk *"Babornya"*

**Favourite quote by Ukrainian author:** *"Єдиний, хто не втомлюється, – час. А ми живі, нам треба поспішати"*- Lina Kostenko.

**Favourite quote by foreign author:** - *Why does a man live?* - *In order to think about it...* - Erich Maria Remarque

**Favourite books:** *"Jane Eyre"* by Charlotte Brontë, *"Atlas Shrugged"* by Ayn Rand, *"Tango of death"* Yuriy Vynnychuk.

**Favourite musical recordings:** Khalid - *Location*, Madonna - *Masterpiece*, Vivienne Mort - *Сліди маленьких рук*.

## CUPP 2018 INTERNS



### Svitlana YAROVA

**Born in:** Vinnytsia, Ukraine

**Hometown:** Vinnytsia, Ukraine

**Ukrainian Catholic University in Lviv**

Master of Public Administration

Motto of University: *"Know Thyself"*.

**Mazurenko Family Scholarship** recipient

**Intern to Jim EGLINSKI**, MP for Yellowhead in Alberta.

**Foreign languages:** English, Spanish (beginner), Russian.

**Last book read:** Gavin Kennedy *"Everything Is Negotiable"*.

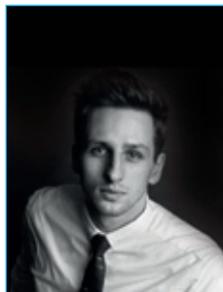
**Last book read by Ukrainian author:** Serhiy Zhadan *"Depeche Mode"*.

**Favourite quote by Ukrainian author:** "Бути шасливим шастям інших, ось справжнє шастя, ось життя земного ідеал" - Mikola Pirogov.

**Favourite quote by foreign author:** *"Start by doing what's necessary. Then do what is possible. And suddenly you will find that you're doing the impossible"*. - St. Francis Assisi

**Favourite books:** *"Shantaram"* by Gregory David Roberts, *"No Room for Small Dreams"* by Shimon Peres, *"Long Walk for Freedom"* by Nelson Mandela

**Favourite musical recordings:** Muse (all songs), Hurts (all songs), Ed Sheeran (all songs).



### Taras YAVORSKYI

**Born in:** Lviv, Ukraine.

**Hometown:** Lviv, Ukraine.

**Ivan Franko National University of Lviv** (est. 1661),

Faculty of Economics, Master's Degree in International Economics.

Motto of University: *Patriae Decori Civibus Educantis - Освічені громадяни є окрасою батьківщини. - Educated citizens are the beauty of their motherland.*

**SGH Warsaw School of Economics** (est. 1906)

Business Administration, Management, Operations

**Michael Starr 2018 CUPP Scholarship** recipient

**Intern to David Yurdiga**, MP for Fort McMurray - Cold Lake, Alberta

**Foreign languages:** English, Polish, German (basic), Russian.

**Last book read:** Ashlee Vance *"Elon Musk"*.

**Last book read by Ukrainian author:** Lina Kostenko *"Zapysky ukrainskoho samashedshoho"*

**Favourite quote by Ukrainian author:** *"Міняйте світ до кращого, дбайте про нього, бо ви в ньому живете"* (*Change the world to the best, take care of it, because you live in it*) - Andriy Kuzmenko (Skryabin).

**Favourite quote by foreign author:** *"Live as if you were to die tomorrow, learn as if you were to live forever"* (Mahatma Gandhi)

**Favourite musical recordings:** Skryabin - *"Sam sobi kraina"*, Okean Elzy - *"Vstavai"*, VovaZIL'vova - *"I am calm"*.

## FAVOURITE PLACE/LANDMARK:



by Sofiya BRUTSIK

Without any exaggeration, *Lake Synevyr* is the legend of the Carpathians. It is the largest and the most mysterious mountainous lake in Ukraine. Being located high in the mountains, the lake is so deep that it does not warm up even in the summer, making the water clear or even crystal. Synevyr is like a blue eye - that is why its second name is very romantic, namely Marine Eye.

Synevyr is often visited by tourists. There are a lot of hikers with hangers and tents who come to admire the beauty of Marine Eye. Hence, the territory around the lake is well-equipped, and there are a lot of observation decks and decorative sculptures. But all these "signs of civilization" combine with the natural landscape so well that they do not spoil it in any way. The lake is surrounded by old fires so that, thanks to the aroma of needles, it is extremely easy to breathe. Although there are always a lot of people, one can even encounter with wild animals, transforming a trip into a real adventure.



by Victoria CHUMENKO

*City of Lviv.* Only twice in my life I experienced the lingering feeling of 'being at home', and if for the first time it was at my real home, the second one was definitely in Lviv. A city once so

alien had become entirely familiar and homelike in a flash. I am pretty sure that the deep and sincere love for Lviv was born way before I even came there. It is my mother, who was born and raised in Lviv together with my grandparents who spent over 10 years there, who mainly developed my rooted belongingness to the city somewhere on a genetic level. I will not enumerate here my favorite landmarks or bore you with historical dates of the famous spots of this legendary and charming city - all of us are pretty aware of those. However, I feel it is essential to confess that thanks to these inner Lviv's vibes full of rich cultural and historical heritage, this city became a place where I could feel myself a genuine Ukrainian for the first time in my life, where I started speaking Ukrainian with great pleasure and discovered my addition to 'syrynyky'. To have 'a home away from home' is a true blessing. Even today, having been relocated from my real hometown, I always know that I can come to another city of my soul and feel myself peaceful - like at home.



by Olha FOKAF

*Anna Mazurenko Children's health center* is a center with innovation model of integrative preventive health care for children and families. It consists of children's polyclinic, children's development center, and public health educational center. Clinical guidelines and educational programs of Anna Mazurenko Children's health center are scientifically grounded and directed to balanced psychology and physical development of a child.

Employees of the Center have opportunities to become interns at the best North-American hospitals due to support of Ukrainian Federation of America. The Center is non-governmental private office and its work based on principles of social entrepreneurship.

## FAVOURITE PLACE/LANDMARK:



by **Marta FRANCHUK**

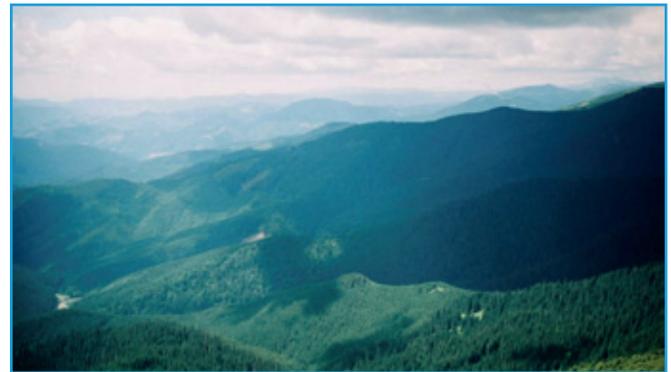
**Zamkova Hill.** Is there a place where you could hide from a city rush after a work in your city? There are plenty of them in Kyiv. I do not have much time to travel somewhere, but I know that there are thousands of beautiful places around me where I can enjoy my free time. I could not imagine my rest without climbing Kyiv Hills, especially Zamkova hill. Calm, green places in the centre of Kyiv hide you from all the sounds of loud streets, problems and unite you with the nature. Only here you can observe the most breathtaking sunsets with an accompaniment of bird songs and pleasant chilling wind. The nature here plays its own symphony which fascinates you. Usually, there are no people here so that you can enjoy your rest in a calm atmosphere and breath fresh air with spring flowers aroma and catch pleasant sun rays. Some historians believe that before the Polyan prince Kyi built a castle on the Old-Kyiv Hill and founded Kyiv, his residence was located on Zamkova hill. That is why I enjoy this place even more - here you feel a huge power, which unites you with your ancestors and allows you to understand how beautiful Ukraine is.



by **Yevhenii KONOVALOV**

**Odesa**, especially its middle-town with the beauty of its parks, alleys, paved roads and with richness and diversity of the atmosphere! Odesa has rich history: found by Russian

Romanov dynasty, flourished as a big maritime trade center attracting a lot of entrepreneurial and creative people from all parts of huge empire and beyond. Then Odesa survived bloody futility of two world wars and of the civil war in 1917-1921, going through war horrors with its unique sense of humor. In our days, Odesa showed a great example of its solid stance - Odesa loves resilience and fun, but when necessary - it stands up and demonstrates sheer determination to utterly reject any claims against its home country - Ukraine. Odesa is a controversial city, where social clashes explode from time to time. However, I believe that Odesa is a place where different cultures may co-exist, and we will come to the point when it will be a firm reality. It is a right venue to turn back repeatedly, as only few can arguably claim that they have learned the city!



by **Kyrylo KOROL**

There is nothing more beautiful and unique in the whole world as the **Carpathian Mountains**. Why? That is because those are great and long mountains, high enough to enjoy the view and feel yourself on top of the world but also climbable for everyone not experienced in hiking. These mountains are magical because of the history and culture that lays within. Hutsuls (гуцули) are the folk that lives there, many of them are still doing farming and stockbreeding to live. It is astonishing how they can live like that in 2016, when it seems that even a tiny tad of technology has spread everywhere on the globe. When I was there this summer on a three-day hike, we met couple of them and they gave us some goat cheese and fresh bread. The sunsets are a must to see, they are charming, majestic and peculiar. When the sun sets behind Hoverla (the tallest mountain of Ukraine, 2061 m), it makes an enormous shadow on the woods below, kind of protecting from everything dangerous. Nevertheless, in the mountains it is always risky, there can be no water, no place to camp or to make fire. Or there can be a huge storm with rain and lightnings. And that is the beauty of the Carpathian Mountains: they are not welcoming but if you adapt, if you accept what you have and reduce your needs to minimum - you will become a part of the nature.

## FAVOURITE PLACE/LANDMARK:



by **Yaroslav KOROTASH**

The *Historic Center of Lviv*. Since the moment of its foundation by King Danylo in mid-13th century, Lviv survived many periods of heyday and decline, couple of times was a capital and is known as "Ukrainian Piedmont" and cultural capital of Ukraine. Populated by multiple nationalities, city grew and developed, absorbing their specific and not losing its Ukrainian identity at the same time. In mid-16th century, after great fires of 1527 and 1556 Lviv lost many gothic-style buildings, but number of churches and plenty other buildings in renaissance, baroque and the classic styles survived to these days. Due to the fusion of the architectural and artistic traditions of Eastern Europe with those of Italy and Germany in 1998 Lviv Historic Centre was included to the UNESCO World Heritage List. Nowadays Lviv is ranked first among all cities of Ukraine by the number of architectural monuments and most of them are located in Old City. In addition to the unconditional architectural value, the central part of Lviv is important for every Ukrainian because of the places and buildings, directly related to the rebirth of Ukrainian culture and statehood in 19-20th centuries.



by **Vasyl KRAMARETS**

*Lviv's city center* has a lot to offer for appreciators of different styles of buildings, but among all the architectural diversity, personally, I adore St. Andrew's Church, also

known as Bernardine Church. The first mention of wooden churches in this place dates back to 1460. It was built on the edge of Lviv of those times. Obviously, due to its location St. Andrew's Church often suffered from enemies' attacks on the city, so it was burned several times. In the modern form, the church appeared in the first half of XVII century. Every time, when I make the first step into it, I feel the spirituality of this place, where people are trying to find internal harmony and cherishing hopes for eternal life. The frescoes and sculptures of Paolo Romanus, Andrzej Bemera, and Amvrosiy Prykhylnyy complement each corner of this temple - creating a real pearl in the Renaissance style.

Nowadays, it lives its life in a wealth of gilding, but with a constant stream of people who direct their prayers to the Lord in the hope of receiving an answer from Him. This fact makes its significance even bigger - because it not only pleases the eye but also gives people the opportunity to touch the unattainable.



by **Adriana KRYVESHKO**

*Milford Sound (Piopiotahi in Māori)* is a fiord located in New Zealand's Fiordland National Park on the South Island. The beauty of this place, deemed as the 8th wonder of the world, cannot be described by words or reflected in photos, as it only can be experienced. As ships sail onwards towards the sea, the thundering waterfalls are falling from the sky into the crystal-clear water, while the clouds are floating over the tops of the mountains. This place is the pinnacle of a nature's fragile beauty. Milford Sound is one of few last places left on the planet where you can find yourself far away from the hustle of the ever-changing world, step back and just breath.

## FAVOURITE PLACE/LANDMARK:



by **Linh NGUYEN PHAN BAO**

Optymistychna Cave has the total discovered length of 240.5 km and is situated in Ternopil region. It is the fifth longest cave in the world and until today is not fully researched. According to the scientists the cave consists of 18 isolated regions, situated in different depth levels, ranging from 20 to 80 meters. Inside of the Cave you can see mesmerizing mineral natural compositions and underground lakes. The biggest underground lake in the Cave is called "Aqva vitae". Optymistychna Cave was first discovered by a group of scientists in 1966. The scholars first thought that the Cave is just a small grotto, while the locals protested, saying it is much bigger than that. When the truth was discovered during later expeditions, the Cave got the name Optymistychna (Ukr: optimistic) honoring those enthusiastic locals, who encouraged scientist to further investigate the landmark. Currently, Optymistychna Cave holds a Guinness World Records title for the longest gypsum cave in the world.



by **Olena ONUFRIV**

I'm absolutely in love with Kyiv, where I've been studying for 3 years already, but one of my favorite places in Ukraine for sure are [Carpathian Mountains](#). This is because of the amazing landscapes, beautiful nature and because of the magical atmosphere that this place has. Someone consider as a favourite place in Carpathians Hoverla or other huge and spectacular mountains, but I'm lucky to have my grandparents

living in Carpathians so definitely for me their home is the most favourite place to come to. The village where they live also has a river which adds even more magical atmosphere to this place. You can see a lot of tourists coming in summer to enjoy the pure beauty of nature. Another reason why I love coming there is because local people are loving and respecting Ukrainian traditions, I can feel the spirit of real patriotism, which makes me think again that my motherland is a wonderful country. It deserves every effort and hard work, because we the citizens have a responsibility to make it even a better place.



by **Yuliia POPYK**

One of my favorite and most loved places in Ukraine is Kyiv. It took me some time to understand how deeply and madly I am in love with this city, and how lucky I am to live there. Even though Kyiv is full of charms and beautiful places, I would for sure highlight my favorite spot - [Taras Shevchenko Park](#). Being a green island in the center of the city jungle, this place fascinates me with how many facets it holds. It breathes with history, having in the center of the park a monument of Taras Shevchenko, overlooking the whole area and reminding us of the Ukrainian past fights and modern glory; it portraits Ukrainian present, as many kids play around, young families take a stroll, older couples sit and talk on the benches; and it reminds of the future, as young students from Taras Shevchenko University in front of the park have a break in-between their lectures. It is immensely interesting to notice such a constructivist features in one area of the city. All those parts of the life of park are so interconnected to each other, reminding that the past is real and we need to remember it, the present is now and we need to keep up with it, and the future is near so we need to work on it. Covered with snow, or green and bloomy, Taras Shevchenko Park in Kyiv is a must to visit. Sometimes when getting tired in routine or fast tempo of Kyiv, you just have to slow down, choose a bench, close your eyes and feel everything happening around - children playing, students laughing, trees rushing, and Ukrainian wind touching your cheeks. Slow down for a second, reflect, and prepare yourself for the new achievements.

## FAVOURITE PLACE/LANDMARK:



by Artem SAHAIDAK

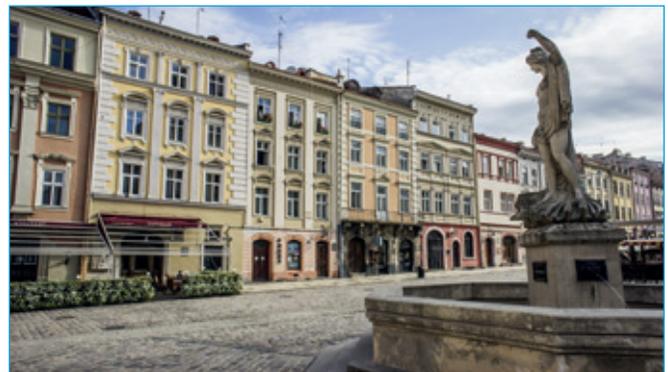
The *Lviv Theatre of Opera and Ballet* is built in the classical tradition using forms and details of Renaissance and Baroque architecture, also known as the Viennese neo-Renaissance style. The stucco mouldings and oil paintings on the walls and ceilings of the multi-tiered auditorium and foyer give it a richly festive appearance. The Opera's imposing facade is opulently decorated with numerous niches, Corinthian columns, pilasters, balustrades, cornices, statues, reliefs and stucco garlands. Standing in niches on either side of the main entrance are allegorical figures representing Comedy and Tragedy sculpted by Antoni Popiel and Tadeusz Baronc; figures of muses embellish the top of the cornice. The building is crowned by large bronze statues, symbolizing Glory, Poetry and Music. The theatre, beautifully decorated inside and outside, became a centrefold of the achievements in sculpture and painting of Western Europe at the end of the 19th century.



by Alina SHYMANSKA

*Lake Geneva* is a lake on the north side of the Alps, shared between Switzerland and France. It is one of the largest lakes in Western Europe and the largest on the course of the Rhône. 60 % of it comes under the jurisdiction of

Switzerland (cantons of Vaud, Geneva, and Valais), and 40 % under France (department of Haute-Savoie). Lake Geneva is my favourite place. In 2017 and 2018 I was privileged to represent Ukraine as young emerging leader at two outstanding programs in Switzerland, United Nations Summer School and Caux Forum. Lake Geneva was my secret place to reflect on everything, understand all problems and search for solutions. "If we, Humans, have created so many problems to this world, then we should be responsible to find solutions too." I have many personal stories and how it helped me to find personal balance, mindfulness, shape my mindset of global responsibility, give me inspiration and help to find answers.



by Marta SKURSKA

*Lviv* is my favorite city in Ukraine. Despite the fact that my city of birth is Rivne and my hometown is Kyiv I can't describe how much I'm impressed by Lviv. This city has a lot of attractions, museums, theaters, exhibitions and festivals. I've been there for many times and for different purposes such as business trips, family retreats and vacation, and each time I discovered something new, visited new places. I'm also impressed by Lviv's hospitality and willingness to show something new, unseen before. The thing which attracts me the most is Lviv's people ability to turn history into establishments, without losing the point of the place. Lviv is very attractive for foreigners, as it is the cultural capital of Ukraine and every time the city welcomes visitors with new cultural events. Also, Lviv is very romantic city with small and cozy streets, beautiful views and outstanding architecture. Lviv is a wonderful example of an authentic Ukrainian city with a good service and a presentation of history in a context that is understandable to everyone.

## FAVOURITE PLACE/LANDMARK:



by **Andriy SONSYADYK**

### *Senlis.*

In 1049, Anne of Kiev married the French King Henry I. After the death of the king in 1060, She governed France to the majority of her son and continued to be active as a queen-mother. Anna could not return to her motherland and so she moved to France a corner of her native land. The queen builds several churches, with frescoes and mosaics reminiscent of Kiev. In 1060, one of those buildings was built, in Senlis, where there was before a small chapel in ruins, dedicated to St. Vincent. Around this chapel lay a vast meadow, called the "Pre-Du-Roi". It is on this ground that the queen had built her abbey. The Abbey has survived to this day and has become a private Catholic college. Today, at the entrance to the abbey stands the first monument of Anne Yaroslavna. With a royal crown on her head, Anne keep in one hand the royal scepter and in the second, a model of the church. The new monument to Anne of Kiev was opened in 2005. Finally, the Greek Catholic Church was opened in Senlis. This little town is one of my favourite place in France. It's a place of inspiration. How pleasant it is to see that a Ukrainian woman is so honoured in France. Her name was forever engraved in the French history. This small town welcomes the descendants of the glorious Anna of Kiev. Hundreds of Ukrainians and guests pay homage to this glorious Ukrainian Woman, queen of France. She represented dignifiedly his homeland in a foreign country.



by **Yuliia UHORSKA**

### *L'Anse aux Meadows*

The site was discovered in 1960 on the Newfoundland Island by an international team of archeologists and is now North America's best-known Viking settlement. The importance of L'Anse aux Meadows was swiftly recognized by the world community and it became the first UNESCO World Heritage Site. What makes it so significant is that it dates back to the XI century and is, therefore, a widely-acknowledged proof of the existence of pre-Columbian era of cross-Atlantic contacts. At this time, the site features the remains of eight authentic buildings as well as reconstructed versions of what is believed to be a typical Viking housing of that time. Although archeologists believe that due to rough weather conditions the settlement did not last long, the discovery of L'Anse aux Meadows suggests that Vinland - the land of grapes, described in Norse sagas, may have actually existed and is now known as North America.

## FAVOURITE PLACE/LANDMARK:



by Mariya VASYLYEVA

A silence of the *morning in Paris*. A soft touch of the chilly Seine. A smell of freshly baked croissants. You can slightly hear how someone on the third floor of the old house is mourning &quot;Sous Les Ciel de Paris&quot;. Handsome man is carrying the bouquet of chamomiles. He's about to propose her. There's magic, there is warmth. There is the hint of a miracle in Paris. In the early morning, around 6 a.m.



by Svitlana YAROVA

*New Zealand*. This country is so diverse and so beautiful that even a lifetime will not be enough to explore it all. There's a little something for everyone, from the great walks to the mountains, from the hot springs to the hobbits and from the beaches to the lakes. There are more than enough reasons to claim that NZ is really close to Ukraine by different benchmarks. The loveliest thing for me in New Zealand is its people, happy and satisfied people. I dream that Ukrainians will also become like that over time. People who respect each other's values and are free in their choices and free from the stereotypes imposed by society. Freedom smells in the air of New Zealand and this is what I like the most.



by Taras YAVORSKY

I am in love with *Lviv*. I visited more than 35 countries, and 22 regional centers of Ukraine, but Lviv is the most beautiful and dear place to me. In Lviv city centre every single building, every corner and every stone is a part of rich history of the city. No surprise that Lviv's old town, the historical centre of the city, is recognised as the UNESCO World Heritage site. The Baroque buildings, with various patterns and paintings of frescoes on the walls tell a story of life of our ancestors. The city is full of vibrant emotions, powered up by enthusiastic youth. Yet, its cobalt roads and tiny streets are soaked in history, and medieval buildings proudly stand there painted in yellow, orange, green and even black colours representing city's colourful past.

## CUPP ALUMNI SERVING IN NON-GOVERNMENTAL ORGANIZATIONS (NGOs)

AMERICAN COUNCIL for INTERNATIONAL EDUCATION  
ANNA MAZURENKO CHILDREN'S HEALTH CENTRE – Lviv  
BRAIN BASKET FOUNDATION  
BUSINESS OMBUDSMAN COUNCIL  
CONFLICT STUDIES RESEARCH CENTRE -London  
EUROPEAN BANK for RECONSTRUCTION AND DEVELOPMENT - Minsk, London  
EUROPEAN COMMITTEE of the REGIONS  
EUROPEAN COURT FOR HUMAN RIGHTS – Strasburg  
EUROPEAN UNION ADVISORY MISSION UKRAINE  
EUROPEAN WAYS e.V. Leipzig  
HALYTSKA POLITYCHNA PARTIYA  
INTERNATIONAL MONETARY FUND (IMF)  
INTERNATIONAL RENAISSANCE FOUNDATION  
KONRAD-ADENAUER-STIFTUNG - Brussels  
KYIV CITY COUNCIL  
MEJLIS of the CRIMEAN TATAR PEOPLE  
NATIONAL DEMOCRATIC INSTITUTE  
NATO - Kyiv  
PROFESSIONAL GOVERNMENT INSTITUTE  
PUBLIC FOUNDATION “SUMY”  
RIGHT TO DEFENCE for Internally Displaced  
SWISS NATIONAL SCIENCE FOUNDATION - Geneva  
TEACH FOR UKRAINE  
UKRAYINSKA OSNOVA  
UKRAINE CRISIS MEDIA CENTRE  
UKRAINE - LUXEMBOURG TECHNOLOGY FORUM  
UKRAINIAN LEADERSHIP ACADEMY  
UKRAINIAN WORLD CONGRESS - Brussels  
UNITED NATIONS - Kyiv, New York  
WORLD BANK - Washington

## CUPP ALUMNI SERVING IN GOVERNMENT

**GOVERNMENT of UKRAINE**

**VERKHOVNA RADA**

**MINISTER OF INFRASTRUCTURE**

**DEPUTY MINISTER OF JUSTICE**

**DEPUTY MINISTER OF EDUCATION**

**DEPUTY MINISTER OF ECONOMY**

**DEPUTY MINISTER OF INFRASTRUCTURE**

**MISSION of UKRAINE to the EUROPEAN UNION – Brussels**

**MINISTRY of FOREIGN AFFAIRS,**

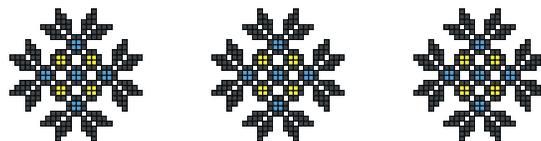
**Embassies of Ukraine in Greece, Canada, EU, Netherlands, Russia, Australia**

**MINISTRY OF INFRASTRUCTURE - MINISTER**

**DEPUTY MINISTERS - JUSTICE, EDUCATION, ECONOMY, INFRASTRUCTURE**

**VERKHOVNA RADA – MP**

**COUNSELLOR TO OFFICE OF PRESIDENT**



## QUOTES



*CUPP helps future Ukrainian leaders to learn about parliamentary democracy, it shows how to build a transparent legal system, how to keep government accountable. This knowledge is extremely useful and crucial for students' future and their careers. One of our goals as alumni is to mobilize western educated Ukrainians for a positive change in our country. Many CUPP alumni have entered Government work, helping fighting corruption, work on deregulation, decentralization, and actually being involved in many other economic reforms.*

**- Vasyl MYROSHNYCHENKO**, CUPP 2001  
Intern to Dan McTeague, Pickering-Ajax-Uxbridge, Ontario  
Founder of Ukraine Crisis Media Center



*One of the most important things which makes CUPP a valuable program is the individuals participating in it. CUPP creates a platform, which unites remarkable students and young professionals around the idea of learning from western democracies, taking this experience back to Ukraine and changing our country for the better. In addition to joining the big CUPP community, and learning from Canadian MPs, the program gives an opportunity to CUPP interns to share its unique experience, which each of us has managed to obtain, among ourselves and allows us to learn from each other. Witnessing the success in their professional, community and business fields is incredibly inspiring and motivating. And this gives you strength and commitment to make your own contribution in building our own country*

**Dmytro TKACHUK**, CUPP 2016  
intern to The Hon. Jason Kenney



*CUPP connected me with some amazing and highly educated people. It is not only about the valuable experience, which we've gained as interns in the Parliament but also about knowledge, which we've shared with each other. I'm sure all CUPP Interns are the future success of Ukraine. Speaking of my most remarkable experience on Parliament Hill I can certainly say that I was amazed how easygoing and accessible all the members of Parliament were. It was a great pleasure to be around such intelligent and highly regarded people and, furthermore, to be the part of their work team. Each of them gave me a new understanding of what I should do in my life in order to be successful and to bring the benefits for my society.*

**Sofiya-Roksolana GOT**, CUPP  
2016 intern to James Maloney, MP for Etobicoke-Lakeshore, Ontario

## CUPP 2018 INTERNS ON PARLIAMENT HILL



## CUPP PARLIAMENT TOUR PHOTOS



## CUPP PARLIAMENT TOUR PHOTOS



Photos from the tour of House of Commons with the Hon.Wayne Easter

## UNIVERSITIES ATTENDED BY CUPP 2018 INTERNS



Taras Shevchenko National University of Kyiv



National University of Kyiv-Mohyla Academy



Taras Shevchenko National University of Luhansk



Vasyl Stus Donetsk National University



Danylo Halytsky Lviv National Medical University



Lviv Polytechnic National University



Ivan Franko National University of Lviv



SGH Warsaw School of Economics



Interregional Academy of Personnel Management



Ukrainian Catholic University



Université Paris 2 Panthéon-Assas



Zhytomyr State University of Ivan Franko



The Paris Institute of Political Studies